

The News

Issue 9

Bassetlaw Place Based Partnership

www.bassetlawplace.co.uk

Could you Move More in May?

The fantastic Move More in May community initiative is back in Bassetlaw this month and we need all our partners to get involved!

The scheme aims to get us increasing our activity levels and giving our wellbeing a boost. Move More in May encourages everyone of any age to keep track of how much they move, and then add their data to a grand Bassetlaw total to see how active we are together.

Dr Eric Kelly, Clinical Director of Bassetlaw Place Based Partnership, said: "It doesn't matter how you move, just how much you move! Move More in May is all about local people of all abilities and ages being more active, having fun and connecting within their communities.

To get involved visit:

https://www.surveymonkey.co.uk/r/MMIM12023 and sign up. Please encourage those who are not online look out for our sign-up forms at one of the locations listed. There are also some fantastic prizes up for grabs, including Fitbits and a healthy hamper.

Please encourage businesses and organisations to pledge their support for Move More in May by signing the special **online pledge** wall at https://bit.ly/MMIM-Pledge It would be great to see lots of local employers signing up to this commitment.

Please also share the dates listed and encourage people to come along and get involved. They can get a free health check and have a go on our special smoothie bike!



- May 9: Retford Primary Care Centre
- May 11: Harworth and Bircotes Market
- May 13: Nottinghamshire Show
- May 14: Focus on Young People fun run/walk
- May 18: Retford Market
- May 30: Langold Country Park.

Share your news! Please email any partner items for inclusion in this newsletter to: nnicb-bassetlaw.communicationoffice@nhs.net





Bassetlaw

Place-Based Partnership

New Research and Innovation Strategy

Doncaster and Bassetlaw Teaching Hospitals have set out a new vision for research and innovation.

The strategy outlines how the Trust will grow its research by identifying and implementing opportunities for all people at the Trust to support, lead or promte research as well as identifying opportunities to attract new talent into the organisation.

It will more clearly definie what innovation is (and isn't) and establish a process and framework to enable the Trust to identify and develop innovation opportunities that might benefit the organisation and the people it serves.





The Trust also wants to grow its capacity to expand its current research portfolio and increase its research investment by developing a sustainable finance model which supporfts growth in Research and Innovation and maximises return on investment.

Bassetlaw Volunteer Awards

Anyone can nominate a volunteer in Bassetlaw who has been supporting a voluntary or community group between April 2022 and March 2023.

Award winners and runners up will be invited to a presentation event on lots of categories, Tuesday 6th June where they will receive a certificate and gift voucher.

Volunteer nominations can include Trustees. occasional, or regular volunteers who volunteer https://www.bcvs.org. at a community group or uk/bassetlawcharity anywhere in Bassetlaw.



You can nominate in including Cost of Living Support Volunteer, Health & Wellbeing Volunteer, and Fundraising Volunteer. To find out more and make a nomniation visit volunteer-awards-2023

Aurora helping more people to be healthy

The Aurora Centre is helping even more Bassetlaw people to stay healthy and recover from serious illness thanks to a £65,000 grant from Bassetlaw District Council.

Aurora supports people affected by cancer and other long term health conditions, and thanks to funding as part of Bassetlaw's portion of the Better Care Fund, Aurora have created a new gym space called 'The Curve', complete with a collection of new power assisted exercise equipment.

Each piece of equipment is specific and supports different areas of the body, and collectively they offer a full body workout tailored to the individual's need.





Partners Assembly invite



#TogetherWeAreNotts

Partners Assembly

Help shape health and care services

Monday 15 May (10am - 1pm) MediCity, Beeston, NG90 6BH



Visit our sustainable marketplace





Explore the new Integrated Care Strategy and browse a sustainable marketplace at the second ICS Partners Assembly. Book tickets at: https://tinyurl.com/4jae34j6