

The News

Bassetlaw Place Partnership



Bassetlaw
Place-Based
Partnership

ISSUE 8

www.bassetlawplace.co.uk

Place Partnership forum

Partners and colleagues met to discuss our priorities and vision which will form the core of new our Place Plan.



The Plan will be published shortly and uploaded to our website. It will set out the Partnership's objectives and key programmes of work.



2023 is a golden year for BCVS

Established in February 1973, Bassetlaw Community and Voluntary Service (BCVS) is this year celebrating its 50th anniversary.

BCVS has been the beating heart of the community and voluntary sector in Bassetlaw for 50 years and to mark this anniversary they will soon be

launching a new campaign to encourage local people and businesses who can afford to do so to 'Give Local' in support of local charities and the amazing work they do. BCVS will also be releasing further details on how they plan to celebrate later in the year.

Community groups and schools' help sought for food and essentials drive

Bassetlaw Youth Council is looking for local schools and community groups to take part in their Food and Essentials Drive, which will bring much needed items to members of the Bassetlaw community.

They will be collecting items that are currently on Bassetlaw Food Bank's shortages list <https://bassetlawfoodbank.org/food-we-need/> as well as Easter eggs, warm clothing and blankets.

Each group which gets involved will also receive a certificate from the Member of Youth Parliament and Youth Mayor as thanks for their contribution. If you would like to find out more or participate, please send an email: youth.council@bassetlaw.gov.uk

Lung Health Check Programme

Fifteen people will receive potentially life-prolonging and life-saving treatment after being diagnosed with lung cancer as part of the Bassetlaw



Targeted Lung Health Check programme.

The scheme, which has been operational since August and recently moved to Retford, has seen already seen more than 5,200 scans performed.

Michael Stubbins, from Sutton-cum-Lound, urged others to take up the offer of an appointment if they're offered one by their GP.

Michael received a letter in the post inviting him to take part in the programme.

"It was very simple and straightforward, and these checks can find things long before you might start to feel poorly so, do what I did – keep your appointment and go from there," said Michael.

Dr Jason Page, Clinical Director for the programme, said: "Cancer is a very sensitive and personal issue, and we know many people find it a difficult subject to talk about.

"If you receive an invite letter, please don't ignore it – read the local information booklet and take up the opportunity for a lung health check."

Partners are asked to encourage anyone invited for a check to take up the offer.





Communal 'Grow it, Fix it' project underway



A new community project is underway in Bassetlaw to produce fresh food, improve mental health and deliver education opportunities for local people.

The 'Grow it, Fix it' project based at the Bassetlaw Food Bank's (BFB) base in Manton is helping to transform a patch of previously unused land into an allotment site that will welcome people from across the district, including the local community of Manton and its surrounding areas.

Work began on site at the beginning of February and just some of the facilities there will include 12 allotments, a communal poly-tunnel, an orchard with at least three types of fruit, a bee yard and a workshop where pre-loved items can be repaired and recycled.

The project has been made possible thanks to £47,500 from Bassetlaw's allocation of the Government's Levelling Up Parks Fund.

BFB Manager, Robert Garland, said: "This project will give us many more opportunities to get involved in the Bassetlaw community and boost what we can offer as a charity."

"The demand for our support is high and not only will this project allow us to grow our own produce that can be included in the emergency parcels we distribute across the district, but it also gives us an amazing opportunity to develop the educational side of the charity and show people where food comes from.

"There are many more benefits to the project and as part of the Workshop that will be here, we will be working with Armed Forces Veterans, people who are retired and those looking to share their skills to recycle and reuse everyday essential items.

"The project has enormous benefits to improve people's health, mental well-being and skills and we would like to thank Bassetlaw District Council's Parks Team for their support with funding and the development of the site."

The project is expected to be up and running by the end of March and Cllr Julie Leigh, Cabinet Member for Neighbourhoods at Bassetlaw District Council, added: "We're really pleased to support BFB with money from the Levelling Up Fund to help to develop this really important project that will help people across the whole of Bassetlaw.

"Ventures like this can have a huge impact on communities and be a catalyst for change, not only in terms of well-being and opportunities. By transforming a previously unused part of this site, we are helping to improve our local environment and provide a place for nature to thrive."

If you would like to be part of this project, please contact BFB by calling 01909 473078 or emailing admin@bassetlawfoodbank.org

Bassetlaw Place to present to the ICB Board

Bassetlaw Place has been invited to give a presentation about some of the fantastic work that is taking place across the Partnership.

Bassetlaw Place Chair Dave Armiger, and BCVS Chief Executive Andria Birch will lead the presentation which will include case studies to illustrate some of the work that is happening across the district.

Over the past few weeks partners have worked

together to compile a portfolio of case studies which you can find on our website

<https://healthandcarenotts.co.uk/bassetlaw-place-case-studies/>

The meeting takes place on 9th March from 9am-12pm in the Chappell Room, Civic Centre Arnot Hill Park Nottingham Road, Arnold, Nottingham.



Useful dates

March

- All month: Prostate and Ovarian Cancer Awareness Month
- 8th: International Women's Day
- 8th: National No Smoking Day
- 9th: Social Prescribing Day
- 13th-19th: Nutrition and Hydration Week
- 15th: Young Carers Day
- 16th: Disabled Access Day
- 18th: World Sleep Day
- 19th: Mothering Sunday
- 20th: World Oral Health Day
- 20th: World Happiness Day
- 21st: World Down Syndrome Day - Rock Your Socks!
- 21st: International Day for the Elimination of Racial Discrimination
- 27th-2nd April: World Autism Acceptance Week
- 31st: International Transgender Day of Visibility

Events and campaigns



Have your say on Tomorrow's NUH

- ▶ Do you use Ropewalk House?
- ▶ Do you live in the Basford, Bestwood or Sherwood area?
- ▶ Have you used or possibly will use womens, childrens or family services in Nottingham?

If so, we want to hear from you about the future of your hospital services run by Nottingham University Hospitals NHS Trust (NUH).

For more information or to participate in a survey please:

- Scan the QR code
- Visit our website: [Current and previous engagement & consultations - NHS Nottingham and Nottinghamshire ICB](#)
- Or contact the Engagement Team on 07385 360071

Have your say before Sunday 12 March 2023

To access this information in another language or format, please contact the Engagement Team on 07385 360071 or via nnicb-nn.engagement@nhs.net




Bassetlaw ACTION Centre

'Staying Well'

Free NHS self-management 6-week programme for people living with long-term conditions

What does the course cover?

- Dealing with pain & extreme tiredness
- Coping with feelings of depression
- Relaxation & breathing techniques
- Healthy eating
- Exercise
- Problem solving
- Pain Management
- Coping with anger, fear & frustration
- Communicating with family, friends & health problems

Course is led by tutors who themselves have experienced long-term health conditions.

One 2.5 hour session a week, for 6 weeks, instructed across multiple locations

For more information, or to book on the next course, please call **01777 709650** or email stayingwell@bassetlawactioncentre.org.uk

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