

**NOTTINGHAMSHIRE
JOINT HEALTH AND
WELLBEING
STRATEGY 2022-2026**



Nottinghamshire
Health & Wellbeing Board

Vision for Nottinghamshire Joint Health and Wellbeing Strategy 2022 - 2026



“We will work together to enable everyone in Nottinghamshire to live healthier and happier lives, to prosper in their communities and remain independent in later life.”

Our 4 Ambitions



1

Give every child the best chance of maximising their potential

2

Create Healthy and Sustainable Places

3

Everyone can access the right support to improve their health

4

Keep our communities safe and healthy

Health and Wellbeing Priorities

- Mental Health
- Food insecurity/Nutrition
- Healthy Weight
- Air Quality
- Homelessness
- Alcohol
- Tobacco
- Domestic Abuse
- Best Start in Life - First 1001 days

PHASE 1
ENGAGEMENT & KEY
MESSAGES



Nottinghamshire
Health & Wellbeing Board

Engagements



- Online Surveys (348 responses)
(Children and Young People Friendly, Easy Read, Residents)
- 9 Public Roadshows (90 attendees)
- 5 NCC ASCH Roadshows (427 attendees)
- Presentations and Discussions at Strategic/Partnership Meetings
- Health and Wellbeing Board Workshop
- Nottinghamshire Deaf Wellbeing Action Group
- Bassetlaw Youth Council
- Nottinghamshire Partnership Meeting (CVS)

Key Messages

Poverty

Housing

Physical and Mental Health

Social isolation & loneliness

Drugs & Gambling

Access to support and services

(barriers, communications, signposting, single point of access, timely access)

Communities

Proposed System Outline and
Framework for Implementation
Nottinghamshire JHWS



Nottinghamshire
Health & Wellbeing Board

Key Points



Nottinghamshire
Health & Wellbeing Board

- Whole system approach - not hierarchical
- Shift in mindset and consider cross cutting themes
- Population Intervention Triangle
(civic, service and community interventions)
- Action at all levels but main focus on place (Place Based Partnerships)
- Importance of feedback loop

CURRENT SYSTEM	PLACE-BASED HEALTH
Closed	Open
Separate service silos/individual isolated activities	Whole system approach
Vertical top down model	Horizontal model across places
Institution led	Person centred
Largely reactive	Largely preventative
Focussed on treating ill health	Focussed on promoting well being
Health in a clinical setting	Wider determinants of health in Communities
Services “done to” citizens	Balance of rights and responsibilities
Linear causes and effects	Dynamic Feedback Loops



Cross Cutting Themes



Nottinghamshire
Health & Wellbeing Board

Equity and Fairness

- Health Inequalities
- Inclusion Health
- Social Justice

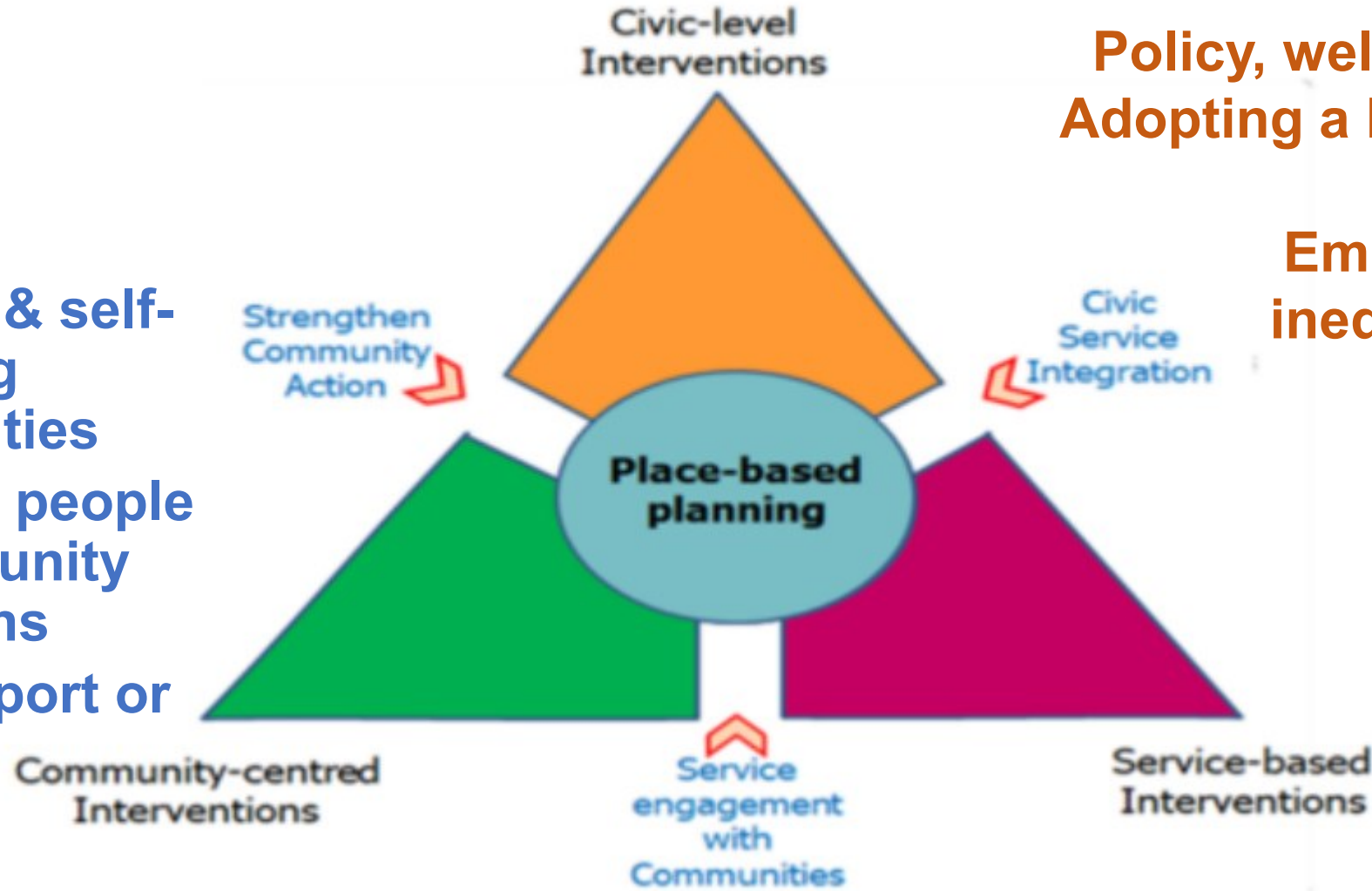
Prevention

- Primary, secondary and tertiary prevention
- Wider determinants

Environmental Sustainability

- The responsibility to conserve natural resources and protect global ecosystems to support health and wellbeing, now and in the future.

Components of the Population Intervention Triangle



Resilient & self-managing communities
Involving people as community champions
Peer support or similar.

Policy, welfare and campaigns
Adopting a Health in All Policies approach
Embed action on health inequalities across wide ranging functions.

Treatment pathway
Individual focussed
Essential to prevent further health and wellbeing requirements

HEALTH & WELLBEING SYSTEM



PLACE BASED PARTNERSHIPS

SAFER COMMUNITIES

HEALTHY SUSTAINABLE PLACES

ACCESS TO PREVENTION

BEST START

ICS/ Health & Wellbeing Board

- Works with all partners to develop a framework and tools for high impact action on priorities.
- Takes policy and civic action to shape economic, social & physical environment for health improvement. e.g. food charter.

**OUR COMMUNITIES
AT THE HEART OF ALL WE DO**

**Empowered to take action to realise their health goals
Connected & Heard**

- Develops local health and wellbeing plans
- Tailored to local communities and needs identifying priority neighbourhoods
- Engaging & developing local communities as equal partners

Next Steps

Draft Joint Health & Wellbeing Strategy 2022 – 2026
- Sign off on public Document

Health and Wellbeing Board Workshop
- Delivery and governance structures
- Toolkits and Sub-groups
- Development of full strategic document

Wednesday 23 March