

UN-CONFIRMED MINUTES OF THE MID-NOTTINGHAMSHIRE PLACE BASED PARTNERSHIP (PBP) FORUM MEETING HELD ON 22nd September 2022 2pm-4pm
YCMA Newark and Sherwood Community and Activity Village and MS Teams

PRESENT:	Rachel Munton	Independent Convenor	RM
	Hayley Barsby	Chief Executive PBP, Mid-Nottinghamshire PBP	HB
	Paul Robinson	Chief Executive Officer, Sherwood Forest Hospitals NHS Foundation Trust	PR
	Suzanne Shead	Director of Housing, Health and Wellbeing, Newark and Sherwood District Council	SS
	Ben Widdowson	Mid-Nottinghamshire PBP Estates Lead, Sherwood Forest Hospital NHS Foundation Trust	BW
	Michael Cawley	Operational Director of Finance, Mid- Nottinghamshire, NHS Nottingham and Nottinghamshire ICB	MC
	Craig Sharples	Associate Director of Partnerships, Nottinghamshire Healthcare	CS
	Leanne Monger	Deputy Locality Director, Nottingham and Nottinghamshire ICB	LM
	Dawn Jenkin	Consultant in Public Health, Nottinghamshire County Council	DJ
	Diane Carter	Care Integration Lead, Mid-Notts, PBP	DC
	Vanessa Whitton	Chief Executive, Mansfield CVS	VW
	Sarah Taylor	Health & Wellbeing Officer, Ashfield Voluntary Action	ST
	Andrea Stone	Health and Wellbeing Manager, Ashfield District Council	AS
	Greg Cox	General Manager, Nottinghamshire Division, East Midlands Ambulance Service	GC
	David Ainsworth	Director of Strategy & Partnerships, SFH	DA
	Theresa Hodgkinson	Chief Executive, Ashfield District Council	TH
	Mariam Amos	Strategic Director, Mansfield District Council	MA
	Jane Hildreth	Partnership and Engagement Officer, Newark, and Sherwood CVS	JH
	Helen Davies	Strategic Lead, Active Partners Trust	HD
	Thilan Bartholomeuz	Clinical Lead, Mid-Nottinghamshire PBP,	TB
	Sue Batty	Service Director, Nottinghamshire County Council	SB
	Simon Draycon	Care Integration Development & Finance Mid-Nottinghamshire PBP	SD
	Arwel Griffiths	Chief Executive, Nottingham Emergency Medical Services Community Benefit Services	AG
	Teresa Jackson	Manager, Ashfield Voluntary Action	TJ
IN ATTENDANCE:			
	Katie Towndrow	Care Integration Support Officer, Mid-Nottinghamshire PBP (Minutes)	KT
	Lauren Shelton	Project Support Officer Mid-Nottinghamshire PBP (minutes)	LS
PUBLIC MEMBER:			
	Gilly Hagan	Public Member	GH

PUBLIC ATTENDEE:

Julie Tasker	Public Attendee	JT
Pat Kelsey	Public Attendee	PK
Ann Mackie	Public Attendee	AM

APOLOGIES: Lorraine Palmer

	Interim Programme Director, Mid-Nottinghamshire PBP	LP
Tim Guylar	Director of Integration, Nottingham University Hospitals NHS Trust	TG
Joanna Cooper	Assistant Director, Nottingham, and Nottinghamshire ICS	JC
Alison Rounce	Managing Director, PICS Limited	AR
Kerrie Adams	Senior Public Health and Commissioning Manager, Nottinghamshire County Council	KA
Jo Marshall	Public Health and Commissioning Manager, Nottinghamshire County Council	JM
Madeleine O'Sullivan	Chief Executive, Newark, and Sherwood CVS	MO
Nic Roberts	CEO, Nottinghamshire Mind	NR
Maxine Huskinson	Director/Service Manager, Open Door One	MH
Kenneth May	Locality Manager, Change, Grow, Live	KM
Maria Ballantyne	Group Manager - Living Well South, Nottinghamshire County Council	MB
Amanda Sullivan	Chief Executive of the Nottingham and Nottinghamshire Integrated Care Board (ICB)	AS
Jane Laughton	Chief Executive, Healthwatch Nottingham and Nottinghamshire	JL
Lesley Watkins	Partnership and Engagement Manager, Mansfield CVS	LW
Sabrina Taylor	Head of Operations, Healthwatch Nottingham & Nottinghamshire	SAT
Irene Kakoullis	Group Manager Early Childhood Services, Nottinghamshire County Council	IR
Liz Woodworth	Professional Lead – Smoking Cessation Services, ABL Health	LW
Victoria McGregor-Riley	Bassetlaw Place Director, Bassetlaw & Mid Notts Interim Locality Director, NHS Nottingham and Nottinghamshire ICB	VMR
Jan Sensier	Director of Partnerships and Strategy, NHCT	JS
John Wilcox	Senior Public Health & Commissioning Manager	JW
Sarah Quilty	Senior Public Health & Commissioning Manager	SQ
John Robinson	Chief Executive, Newark & Sherwood District Council	JR

ABSENT:	Dr Khalid Butt	Primary Care Network Representative	KB
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Item No.	Item	Action	Date
PBP/140 722/01& PBP/140 722/05	WELCOME AND INTRODUCTIONS INCLUDING DEVELOPING OUR PBP – REFLECTIONS OF THE LAST 4 YEARS AND REFLECTIONS OF THE ROLE OF THE CHAIR		
	<p>The meeting was held via hybrid at YCMA Newark and Sherwood Community and Activity Village and MS Teams. The meeting being quorate, HB declared the meeting open at 14:00.</p> <p>HB thanked members for their attendance to the meeting both in person and online. Item five on the agenda will be discussed first as RM would like to take the opportunity to share some reflections over the last number of years.</p> <p>HB described how RM pulled together the structure that we have today to support the ambitions and objectives of the Forum that have provided numerous outputs. The intention of the Forum was to ensure that there was full representation at the table to help support local communities and all Members in attendance today are testament to that.</p> <p>RM thanked members for their support and was proud to have been part of the now Mid Nottinghamshire Place Based Partnership, describing how over the years partners have worked together to co-produce solutions to improve the lives of the locality, and from those early days strong foundations were formed and allowed for the incredible work that has taken place over the last few years. From this Mid Nottinghamshire has an audible voice representing citizens view and preference via Members who are passionate about helping people to have healthy, ad happy lives. RM wished the Forum the best of for the future and expressed her thanks for the gifts presented.</p> <p>Ongoing contact details for RM can be obtained through KT. TB thanked RM for the passion that she has brought to the Forum and wished her well for the future.</p> <p>14:15 RM left the meeting</p>		
PBP/140 722/02	APOLOGIES FOR ABSENCE		
	Apologies for absence were noted as outlined above.		
PBP/140 722/03	DECLARATIONS OF INTEREST		
	No declarations of interest were received from those present relating to items on the agenda.		
PBP/140 722/04	MINUTES FROM 14TH JULY, ACTION TRACKER AND FORWARD PLANNER		
	<p>Following a review of the minutes of the PBP Forum held 14th July the Forum CONFIRMED the minutes as a true and accurate record subject to page 9, final paragraph correction of spelling for Hawtonville.</p> <p>The Action Tracker was appropriately updated.</p>		
PBP/140 722/06	MN PBP EXECUTIVE TEAM MEETING UPDATE		
	The visit carried out on the 8 th August by Amanda Sullivan and Kathy McLean to Mid Nottinghamshire was very successful. It provided the Place Based Partnership (PBP) the opportunity to showcase some of the work that has been taking place. The visit took place at the Bellamy		

	<p>estate, following which Kathy and Amanda sent a letter of thanks, immediately after the visit which, showed the impact the visit had. HB thanked all those involved in the event as it was a real success.</p> <p>The last Exec meeting took place on 18th August, where several issues were discussed, updates from various Task and Finish Groups were provided along with a discussion around winter planning and the partnership response to the pressures currently being witnessed in the system.</p> <p>Discussions around emerging areas of work and the importance to continue to start investing not only in the current work but also the prevention work to support those people most vulnerable, which include the frail, those at risk of falls, homeless, learning disability, which DA is keen to have further conversations with key stakeholders, who, may be interested in this area of work.</p> <p>DJ felt the cost of living crisis needs to dovetail into the work DA is carrying out with the need to identify what support is being delivered and what are the gaps. Food banks are potentially going to be getting overwhelmed, working families/people may slip under the radar and are potentially high risk.</p> <p>HB has raised this issue with the Integrated Care Board (ICB), with a Task and Finish Group arranged to look at the cost of living crisis.</p> <p>PBP/140722/06 (1) Action: DC, SD and SS to link in with GH to discuss support for the cost of living crisis.</p> <p>DJ explained the 'Food Insecurity Network' that has provided information to the County and it was agreed to share with members at a future meeting.</p> <p>PBP/140722/06 (2) Action: KT to include 'Food Insecurity Network' to be included to the Forward Plan.</p> <p>DA suggested that the Forum need to be ambitious in how support can be provided to the population this winter. With the opportunity for services, churches and businesses to offer 'warm spaces. It was agreed that the Cost of Living Crisis would be a future agenda item.</p> <p>PBP/140722/06 (3) Action: KT to include 'Cost of Living Crisis' to the November agenda for the scope of the Task & Finish Group to be shared at the Forum.</p> <p>MA explained that from a local authority perspective in Mansfield and Ashfield, information for support is shared on the website for each council, with signposting to other organisations. There is a lot of information on the websites which needs to be shared by grass root organisations with their vulnerable cohorts. Several roadshows across winter and early spring will be taking place led by the Ashfield District Council Health and Well-being Support Officer.</p> <p>TJ highlighted work taking place with Groundwork, Greater Nottingham, to provide winter warmer packs which contain a blanket, an insulated mug, gloves, socks, hat and scarf. Ashfield Voluntary Action (AVA) are looking to carry out sessions on microwave cooking.</p>	<p>DC, SD, SS</p> <p>KT</p> <p>KT</p>	<p>17/11/22</p> <p>17/11/22</p> <p>17/11/22</p>
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	The Mental Health Forum has commenced, and any key updates will come to future Forum meetings.		
PBP/140 722/07	AREA FOR FORUM EXPLORATION – SMOKING CESSATION		
	<p>DC provided background information on the agenda item, sharing some of the data obtained on the numbers of current smokers' age/gender profile for Mid Nottinghamshire, highlights from the data include:</p> <ul style="list-style-type: none"> • Currently there is a higher proportion of male smokers than females in Mid Notts, alarmingly there are registered smokers in the 0-14 age bracket. • The use of e-cigarettes is evenly spread across males and females, with all age ranges using them, including people over the age of 80 and above. • Rosewood has the highest number of smokers within Mid Notts, with Newark and Sherwood having the lowest. • Ashfield have the highest number of ex-smokers for both men and women. (what has Ashfield implemented to convert smokers into non-smokers or is it comparable to other areas. 1360 females and 565 males between the age of 0-19 are now ex-smokers, however unsure if they are now using e-cigarettes). <p>SD provided some financial information relating to smoking that has been obtained through work carried out with OPTUM, (the organisation who have supported the PHM development program at Place). Highlights include:</p> <ul style="list-style-type: none"> • Just over 67,000 registered smokers across Mid Notts, which have been split by PCN. • The estimated cost to both health and social care related to those smokers is £76.8 million. • Per smoker this works out to £1100 per year cost to the system compared to £926 for a non-smoker • £200 pound difference for a smoking population of 67,000 means potentially a smoking impact is costing the system £14.7 million. • 42% of the smoking cohort also experience mental health issues, 25% obesity and nearly 12% alcohol abuse. <p>LM confirmed that within her role Chairing the 'Mid Notts Health Inequalities Oversight Group', working closely with Dr Stephen Wormald, 'Clinical Lead for Health Inequalities', work has been taking place on smoking cessation with a focus on improving referral rates into smoking cessation services. This work is captured within the health inequalities plan that is framed around the core 20 + 5 model (further information on the core 20+5 model can be obtained from LM).</p> <p>Initially, smoking cessation was not in the plan and has only been recently included. The significant impact that smoking has on overall health inequalities and in the clinical areas that are being focused on is prevalent.</p> <p>A project that Dr Stephen Wormald is leading on within the PCNs to try and increase the number of referrals into 'Your health, Your Way' and ultimately decrease the number of smokers within Mid Notts. The project has commenced with 3 practices within Ashfield participating. The focus is on smokers who live in socioeconomic decile 1 (identified using e-Healthscope). An opt out SMS message was sent to all identified</p>		

patients for smoking cessation support. If patients did not reply 'no' within 14 days, they were referred to the service. 643 patients did not opt out of the service and therefore referred for smoking cessation support, 59% referred were contactable, of this cohort, 22% enrolled onto a smoking cessation programme. From the contactable patients 9% quit smoking. From the total number of referrals 5% quit smoking. 59% of the patients that enrolled onto a smoking cessation programme did not attend their first appointment, out of the patients that did attend their first appointment 41% quit smoking.

The aim is to roll this out across all the primary care networks in Mid Nottinghamshire. The work links to the PBP objective 2.2, five questions were sent out to objective leads to summarise where the project was at, resulting in:

- Partnership working between Public Health Tobacco Leads and ABL is working well, allowing ideas to be shared along with exploring the use of vapes with continued referrals from Lung Health.
- Recruitment to specialist practitioner posts is difficult but is being mitigated by training alternative ABL Staff to deliver smoking cessation, low take up from KMH, low referrals from Mental Health patients.
- They are keen to celebrate:
 - MN PBP signing up to the Tobacco Declaration
 - Work around e-cigs as a quit aid,
 - HI subgroup will take forward actions on pledges and report back
 - The commitment towards a smoke free generation for Nottingham & Nottinghamshire 2040, therefore working together to ensure a child born in 2022 has the support available throughout their life so that when they turn 18 years of age in 2040, they have the best possible chance of remaining a non-smoker.
- The aim is to set up a task and finish group to look at smoking cessation through the place based partnership, any volunteers from the Forum who wish to be part of the group are welcome.

ST questioned the classification around an 'ex-smoker', from discussion it was felt this would be a self-declaration of how it is defined.

SD explained that 67,000 residents identify themselves as smokers in Mid Notts, and when looking at the contracting for smoking cessation support who have a capacity of 1000, it is a very small pathway in terms of support.

Further data focused on the Bellamy Estate show that residents from Bellamy start smoking at the age of 10, this was the same 10 years ago, so the work that has been carried out over the last ten years has not made a change, are the right interventions being carried out?

MC posed two comments and thanked DC, SD and LM for the insightful presentation. From a finance perspective it could be easy to think that a lot of savings could be made, from addressing smoking. However, it just amplifies where from a health perspective a large share of resources is focussed, which does not necessarily mean savings, but what it does amplify from a financial valuation perspective, is the number of resources that go to treat smokers compared to non-smokers.

The in-depth information requires further drill down to potential neighbourhood level but questioned if it tells us something new or does it

	<p>just reaffirm what we already know, and what actions could be taken differently if the information is reaffirming.</p> <p>HB felt the data does confirm what we already know, however it does provide a different level of granularity, with a view of looking at it from a holistic position and how work needs to be carried out further upstream.</p> <p>JT welcomed the view of looking at the work holistically and explained the use of Alan Carr's book on stopping smoking, highlighting the need to understand why people smoke and offer support for the root of the problem.</p> <p>TJ explained from a personal perspective that her husband tried to stop smoking several times but went back to smoking, due to work stress. From observations a lot of people smoke due to stress either in their lives or job. Support is required to reduce stress or help patients cope with stress. TJ described her husband eventually giving up smoking for 25 years, however, was still diagnosed with lung cancer and unfortunately died from it.</p> <p>JH felt there was a need to break the image of smoking being cool and coming of age, instilling the ethos of being an adult is to make better choices.</p> <p>SB highlighted the need to understand the reasons behind smoking and explained the interventions required to break and sustain addiction are complex and vary. The opportunity to learn from some of the psychology and research that has been carried out especially in young people may be useful.</p> <p>JH described a personal reflection on why her son started smoking which commenced during the transition into secondary school with the possibility of looking at mental health and the transitioning of students and feelings of inadequacy.</p> <p>TB explained that all ex-smokers are invited to a targeted lung health check, that is running in Mansfield and Ashfield. Patients are invited because they have been coded as an ex-smoker and would rather over invite patients to the programme and would prefer to receive complaints from patients questioning why they have been invited to the programme who have never smoked, rather than miss an individual. The potential impact and benefits far outweigh the risks of just understanding the semantics of coding.</p> <p>DJ explained the public health's position on not just supporting people to quit smoking but also not to take up smoking in the first place. A program called 'Intent' which is delivered in secondary schools focuses on this, with the opportunity of rolling out the programme wider being established.</p> <p>HB concluded the APPROVAL from the Forum for the task and finish group to be arranged on smoking cessation with a desire to understand some of the behavioural context for smokers, understanding early years access to smoking as well as a prevention angle.</p>		
<p>PBP/140 722/08</p>	<p>SEXUAL HEALTH AND INTENTIONS TO RECOMMISSION SERVICES FROM 2024</p>		
	<p>Nick Romilly (Senior Public Health Manager) shared a presentation regarding the recommissioning work for 'Integrated Sexual Health Services' with the view of a new sexual health service to be in place for 2024.</p> <p>Various events within Mid Nottinghamshire will be carried out to share and engage with stakeholders. Events will look to build more of an integrated model looking to incorporate the change of views in the Sexual Health Service. The key point is there is a backdrop of what the future could look like as an integrated service that is jointly commissioned.</p>		

	<p>There are range of services that are available across the county, from community pharmacies providing emergency contraception and a HIV services that hopefully, this will be maintained in the new provision. There is a need for hubs and bespoke clinics to be in place to be able to reach the community, with an online function to support residents in accessing services in different way. The aim is to continue with existing services but in a more integrated way, with options for patients to access the service via the telephone, face to face and remote consultations. Promotion and outreach are not currently an element of sexual health services, however there is a need to reach the right audience in the right target groups.</p> <p>The service would like to hear stakeholder's opinion and to put forward what is important for each locality.</p> <p>TB acknowledged that he would be attending the event and would like to see data sharing between sexual health services and primary care as this has previously been a challenge between the two sectors.</p> <p>HB confirmed that as a PBP this is something the partnership needs to be involved in, and to provide the voice of the community.</p> <p>PBP/140722/08 Action: It was agreed that DJ and HB would meet outside of the meeting to discuss further the work around the Sexual Health Service recommissioning.</p> <p>MC felt this was a good opportunity to commission the specification against local need.</p> <p>JT questioned the school involvement including at a primary school level and potential engagement with NSPCC.</p>	DJ/HB	17/11/22
PBP/140 722/09	PLACE PLAN SUMMIT		
	<p>HB explained that there will be a place submit taking place, for which all services and organisations will be invited to. This will allow focus on emerging areas of priorities for the place plan, which aims to be in place and adopted by the Forum from April 2023. The session will be a blank piece of paper to look at data and provide the opportunity to look at current priorities and objectives and what emerging issues you as part of the place partnership think are important going forward.</p>		
PBP/140 722/10	FUTURE LEADERSHIP REVIEW – ROLE OF THE CHAIR AND CEO		
	<p>HB highlighted that during the July Forum meeting a discussion around the leadership review of the Forum took place. Since then, meetings have taken place with various stakeholders to shape the thinking going forward.</p> <p>The presentation shared, sets out the purpose of the review and the emerging principles that are coming out of the review.</p> <p>The evaluation will take the form of three stages. Stage one is the current stage which has been taking place since July to September, which has involved listening and talking to members, to find out what is best in terms of a PBP for Mid Nottinghamshire, what do members want to continue, what could be improved. Stage two, taking place from October through to November will be the development of recommendations which will be critical, for sign off by the Exec Team, with an implementation running from November to March, for stage 3. The milestones put in place will allow for HB to undertake the role of Interim Chair arrangements until a process of recruitment for an appointed Independent Chair to take place and be in post from April</p>		

	2023. PBP/140722/10 ACTION: KT to circulate the Smoking Cessation, Sexual Health and Leadership Review to all members.	KT	22/09/22
PBP/140 722/11	CLOSING1 REMARKS		
	HB felt the Forum was building a sense of 'one team' for Mid Nottinghamshire Place, which will provide a strong PMO to provide assurance on delivery, with the opportunity for an appointed independent Chair from April 2023. Feedback from members who dialled in virtually, confirmed the sound for the latter part of the meeting had improved.		
PBP/140 722/12	DATE AND TIME OF NEXT MEETING		
	17 th November 14:00-16:00 MS Teams Meeting. Meeting closed at 16:17.		
	Signed by the Independent Convenor as a true record of the meeting, subject to any amendments duly minuted. Independent Convenor Date		