

Sherwood Forest Hospitals NHS Foundation Trust Board Update

PBP Objectives Progress Report for Q2 20/21

The report below is intended to provide the SFHFT Board with an update on the position against the Mid Notts PBP Strategic Objectives. Each objective is underpinned by two breakthrough objectives which during 20/21 were identified as medium term in supporting the PBP’s vision of “Healthier and Happier Communities and Extending Life Expectancy for the MN population by 3 years”

These wide-ranging strategic objectives are the responsibility of all of the partner organisations to support delivery and embed within organisation own strategic plans with all partners playing a key role in the delivery and impact to the overarching PBP vision.

The work on the objectives during 20/21 was adversely impacted by the Covid Pandemic with colleagues redirected to support the pandemic response resulting in a number of the deliverables rolled forward into 21/22, however a number of key success were achieved and will provide a baseline and framework for 21/22.

Objective 1 – To give every child the best start in life

- Increase Readiness for school and the number of children with the skills to start school
- Mothers and Babies have positive pregnancy outcomes. Children and parents have good health outcomes.

1.1

- The Best Start Partnership has now met 3 times with good engagement from partners. The group now has a Best Start Communications and Engagement plan Document.ashx (nottinghamshire.gov.uk) and has created action plans for a number of ambitions within the Best Start strategy. A progress report was shared with the Children and Young People’s Committee in October 2021Democratic Management System > Meetings (nottinghamshire.gov.uk)
- The CCG contract for the delivery of Speech Language and communication needs and speech and language therapy is now being extended to 31.3.24. A section 75 agreement is in place and the council’s contribution to the CCG will also be extended in line with the direct award to Notts Healthcare Trust. A pathway for children under the age of 5 has now been developed and agreed.
- Home Learning opportunities have been promoted to families across Nottinghamshire through the Notts Help Yourself website, Children’s Centre Service, Families Information Service, and Inspire Facebook pages Things to do at home | Notts Help Yourself
- Family Hubs are being developed with the first pilot to be created in Retford following consultation with local families, young people and stakeholders. The national Best Start for Life Vision is central to the development of Family Hubs so the focus on supporting families and babies during the first 1,001 days will be strengthened as the Best Start Partnership shapes it’s local Best Start Offer The Best Start for Life - National Centre for Family Hubs
- A multi-agency group has been working to strengthen the pathway of care for women with mental health needs in the perinatal period, with a particular focus on mild to moderate and emerging mental health need. Additional training has been delivered to midwives and health visitors and referral pathways to mental health support strengthened

Housing and Whole Family Working

- A bid supported by Mansfield District Council for £50,000 for a worker to work in the District/ Borough council to support embedding a whole family working approach to prevent homelessness has been submitted. The worker would sit in the Supporting Families team if approved.

1.2

- **% of children who received a 2-2.5 year review from their Healthy Family Team**

Total number and % of children due a review by the end of the quarter, who received a 2-2½ year review, by the age of 2½ years.	Quarter 2 20-21			
	Ashfield	251	317	79.18%
	Mansfield	239	295	81.02%
	Nottinghamshire	1624	1936	83.88%

- Smoking in pregnancy: SFH have successfully recruited to their in-house tobacco dependence treatment service which will directly support pregnant women who smoke, with a planned launch date of 6th December 2021. A business case for financial incentives to further enhance the pathway has been developed for consideration by the LMNS.

Objective 2 – To promote and encourage healthy choices, improved resilience and social connection

- Improve the connections and integration of the voluntary sector and current health and social services available to build effective services that support alcohol, diabetes, cancer, EOL and joint and bone pain (MSK)
- To help people to know how to stop smoking

2.1

- MN PBP along with the South and City PBPs funding bid to support the prevention agenda within two of our priority neighbourhoods Bellamy and Coxmoor has commenced. Representatives from partners including CVS, Local authority and PCN directors have attended and contributed, and each meeting coordinated by MN PBP who are supporting each group. The Aim of the project is to have purposeful and sustained approaches to tackle health inequalities through co-production with the communities. An update is planned to be presented at the ICS health Inequalities meeting in December.
- **EOL** next steps: Workshops for service review/redesign Jan 22, Develop the integration of End-of-Life. / Care Together and Fast Track provision, Complete activity review Mar 22
- Workshops are being planned to engage with wider stakeholders to develop the integration of health and social care under a single service delivery model
- End of Life Care Together is now into its fourth year of delivery. The original contract of 3yr +1+1 has been reviewed and the +2 years agreed.

- **MSK** Back pain service model - Investment – patient facing digital resources to promote self-management, community-based group education and rehabilitation and MDT support for patient with complex back pain. Disinvestment – MRI scans outside of clinics guidelines and injections with no evidence of clinical benefit
- SFHT and NHT working through financial solutions for pooled/flexible resources to deliver MSK Hub and therapy service at place of need and combine the acute and community therapy service
- MSK Together population health/outcomes dashboard progress – multi-provider working group, planned engagement with SAI to enable identification of targeted interventions, reduce health inequalities and determine impact of new initiatives on population health
- Review of MSK rheumatology referral criteria and forms to support clinical decision making to optimise urgent slots amidst backlogs – rheumatology consultant training for GP and FCP and MSK Hub completed.
- Monthly meetings continue between the PBP and CVS, where the objectives are discussed to look for further initiatives and opportunities for future work.

2.2

- Reduction in smoking at time of delivery = LMNS reportable statistic, Increase the number of pregnant women who engage with smoking cessation
- Reduction in smoking in target groups, routine, and manual, young people, BAME and those with mental health. National reportable data, national target groups.

Objective 3 – To support our population to age well and reduce the gap in life expectancy

- Build on the integration across the PCNs building on community-based services that include the voluntary sector, care homes and care in the community settings
- Make sure people who are known to be frail are looked after in the best possible way.

3.1

- Flu: Over 210,000 Mid Nottinghamshire residents will be eligible for a flu jab and covid booster. Flu jabs will be available from early September and these can be accessed through the registered GP practice or pharmacies.
- NHS@Home : Through Call for Care, we are able to monitor home saturations for adults with COVID positive results. Using the free equipment provided, the scheme detects early deterioration through recording observations within the patient’s own home.
- Bringing health and local leisure centres together: Our Social Prescribing Link Workers have secured a base at the Lammas Leisure Centre in collaboration with Everyone Active to deliver both group and one-to-one sessions on a Friday afternoon. This is an excellent opportunity to help support people to integrate back into the community after months of isolation due to Covid.
- The Care home business case is near completion and will be ready to share with boards during December, the case has already been shared at a number of forums including with MN Clinical Directors who have endorsed the proposal.
- Swabbing continues to be delivered by the swabbing service commissioned by public health, there is an increasing demand for the service, the team also support training into care homes on PPE and IPC in line with IPC guidance.
- The roving service for COVID continues to deliver into Care Homes and the community, they have been supporting school vaccination of COVID and the bus that continues to deliver across MN to date 4,700 vaccinations have taken place since mid-September by the team.

3.2

- A business case has been submitted to secure money for a falls vehicle pilot which will provide a vehicle to attend cat 3 falls calls in the community.
- There is work with EMAS again on reducing conveyancing for people who have fallen in care home by use of the Mangar cushion.
- Confirmed Notts will be taking part in a 100 day challenge to reduce conveyancing of category 3 and 4 patients connecting it with the 2 hour crisis response work. Not sure who is involved with that from Mid Notts.

Objective 4 – To maximise opportunities to develop our built environment into healthy places

- Continue to ensure the physical environment within our communities is better used to ensure it has a positive impact on their health and wellbeing
- Continue to ensure everyone lives in suitable housing and there is increased availability of social housing

4.1

- HRA (Housing) Development programmes continue to address blighted and challenging sites whilst securing new much-needed community spaces such as the green space and play areas. Work to start on Bellamy Estate November 2021.
- Urban Greening and pocket parks progress being made for delivery of green space development in Mansfield Town Centre by April 2022.
- Mansfield Town Centre Masterplan currently out for public consultation with consideration of green space.
- Parks Strategies being reviewed to include climate change agenda and encouraging greater use of parks and open spaces.

4.2

- Disabled adaptations continuing despite supply chain shortages.
- Prosecution of landlords for breaches of HMO safety regulations and raising the profile of such actions across social media.
- Civil penalties issued for breaches of HMO licensing regulations
- Mansfield Landlord forum attended by 24 landlords with updates provided on new legislation and Green Homes Grant Scheme

Objective 5 – To tackle physical inactivity by developing our understanding of barriers and motivations

- Increased awareness within targeted communities of the existing and new programmes and initiatives.
- Building on our understanding of physical activity, work together to enable communities to move more.

5.1 & 5.2

Across Mid Notts

- Discussions among partners regarding the use of insight and data relevant to physical activity levels to inform future work continues. There is a desire among partners to really make this a worthwhile process, to really start a journey of collaboration to enable change, at the start point- understanding our residents and communities.
- One Step at a Time continues to be delivered in Ashfield and Mansfield, through the CVS's and funded by NCC and Active Notts to befriend and support residents that need help to get out and about again after the pandemic. The learning gained is helping understand how we collectively best help residents get out and about again and connect to local provisions and opportunities. The programme aligns with and supports the work of link workers and social prescribing and the prevent agenda. Conversations are now taking place to role the work out into Clipstone and Ollerton in the Newark and Sherwood Districts.
- The Government funded Holiday Activity and Food Programme ran over the summer holidays targeting children that were eligible for Free School Meals. Provision took place in priority wards across Mid Notts offering a variety of activities many of which were physical. Although generally well received the programme did receive some criticism from the public for being too strict in its criteria and some families who were willing to pay for their child couldn't access the provision. Plans are in place for Christmas provision expanding the offer where it is felt appropriate.
- Health and wellbeing partnerships/ boards are now meeting again in all 3 districts. Physical Activity is firmly embedded within all 3 districts priorities and aligning to the work of the ICP.
- The "Healthy Chats" training aims to give participants the confidence, skills and knowledge to encourage and enable the residents they are working with to be more active. 9 SPLW and Health coaches from Mid Notts have taken part. As a result of the success of the pilot the training is now looking to be delivered into the Adult Social Care setting in mid Notts.

Mansfield

- In Bellamy residents are starting to regularly engage in programmes and activities. The Tenants and residents group have received funding to run monthly events around food. Moving more is being built into activities where ever possible. The first event was bingo and an entertainer which engaged with 40 residents on the estate, the next event will involve a spooky Halloween trail around the estate. Conversations are still taking place between Active Notts, MDC, NCC and South Mansfield Community Centre regarding the lease of the community centre to enable Football Foundation funding to provide a safe and suitable space for the community to use. The tender for the redevelopment is due to start in Nov 21 with the playpark and cycle track forming the first phase of development.
- Analysis of the pre op data from SFHT has identified a high percentage of those on the waiting list being from Warsop in Mansfield. Conversations are now happening with community and LA partners, primary and secondary care to identify what can be done at a local level in Warsop to help people be more active and increase their Physical Activity levels and behaviours to support better outcomes post operation.
- Mansfield District Council's leisure management contract is currently out to tender and includes the development of an Active Communities Programme as a core element of the specification. The successful contractor will be expected to work with the Mansfield Health Partnership to target inactive communities and the priority neighbourhoods to increase participations levels and activity rates both in and out of the leisure centres. The new contract will start in May 2022
- Mansfield CVS hosted a learning event for the We are Undefeatable programme at the end of September. The event was well attended and hosted by David Ainsworth from the CCG. A learning report can be found here



Newark

- The management of Southwell Leisure Centre has officially transferred to NSDC on a long-term lease as part of a partnership arrangement that will protect leisure provision in the town. The centre will be run by the district council's leisure provider Active 4 Today.
- Work started on the YMCA community hub/building that will house a national standard climbing wall, arts space, café, early years provision and much more.
- The opening of the Dukeries new swimming pool in Ollerton – gave local groups and schools the opportunity to sample swimming, some for the very first time or returning to swimming after a long absence. Users of the pool during the sample sessions ranged from 6 months to 80 years old with many now continuing to use the facility at targeted sessions such as Aquababes and Aqua Aerobics as well as public swim sessions.
- YMCA in partnership with the District Council and YHYW delivered a 6 week activity programme throughout the summer holidays for Syrian families, this allowed children to exercise with their parents, receiving a picnic activity pack for future use.

Ashfield

- Feel Good Families delivered a series of activities for families over the summer included park trails, mascot roadshows and Summer Pin badge challenge. The number of families signing up to Feel Good Families continues to rise. Notts County Cricket Club also delivered 2 Dynamos cricket programmes on Cowpasture Lane (Leamington) and Titchfield Park Hucknall. Halloween trails are planned for October half term.
- PlayFests – The council organised a Playfest in each of the 3 priority areas within the Be Healthy, Be Happy Strategy. Numerous organisations came together to promote their services to residents, and families enjoyed a number of fun activities. 125 children and young people attended the events with their families. Many commented on how brilliant it was to have something on their local park. Through the Feel Good Families project, we will look to run more events like this in the future.
- The Premier League Kicks programme continues to be successfully delivered by Nottingham Forest FC, Notts Police and Sutton Academy on Sutton Lawn. Last week the 8-9pm session attracted 50 young people (its most so far). A SEND session is also delivered weekly at Portland College as well as a female only session. A female football leadership programme will start in October and we are looking at new partnership to support the referral of more girls into these sessions.
- New gyms at both Hucknall Leisure Centre and Lammas Leisure Centre have now opened. Hucknall has opened a new exercise studio, spinning studio and Earth studio, as well as meeting room and health hub. The new spinning studio will open at Lammas on 25th October, with ice rink improvements now underway. The TAG Active arena is now being built. Works will be complete at the end of 2021.