



# Mid Notts ICP Board 15 April 2021 In-Depth Objective 4 Review



## ICP 4 – To maximise opportunities to develop our built environment into healthy places

4.1 - The physical environment of our communities is better used to ensure it has a positive impact on their health and well being.

4.2 Everyone lives in safe housing and there is increased availability of social housing.



# Bellamy Estate

## A Case Study



- Small Estate of approx. 800 houses and 1600 residents.
- Estate built in the late 60's mainly to provide housing for mine workers moving to the area.
- Predominantly social housing with MDC being the largest landlord and Places for People owning most of the remaining housing
- Designed and built on Radburn design principles which aimed to separate cars from housing but has resulted in a network of paths, poor road connectivity and housing with no defensible spaces





# Bellamy Road Estate – Data

- Bellamy is the 256 /32,844 most deprived area in the country
- Out-of-work benefit claimant count 9% vs England and Wales at 6.5 %
- 29% of people live in income deprived households
- High levels of physical inactivity
- 11.8% houses in fuel poverty
- Over 27.4% of the population lives with limiting long terms health conditions - England average 17.6% (2011)
- 36% achieve 5 GCSE's grade A\*-C national average 56.6%
- Male Life Expectancy (71.6) Mansfield (77.8) national (79.5)
- Female Life Expectancy (76.2) Mansfield (81.3) national (83.1)



# Bellamy Insight



2018 Active Notts engaged to work with residents to understand barriers to physical activity. (ICP Objective 5).

It became apparent that inactivity could not be considered in isolation and a more holistic approach was needed.

Insight from residents insight echoed the data and included:

- A sense of abandonment, isolation and of being forgotten –masterplan of 2013 promise not delivered.
- Concerns around safety and anti-social behaviour
- Poor housing – condition, availability and suitability
- Health and wellbeing concerns
- Lack of green space and children's play areas
- Access to health care (primary and community)
- Isolation due to poor transport links/timetables
- Accessing services and support
- Low levels of educational attainment and access to education/skills pathways





# From Insight to Action

- Active Notts insight work opened the door to engage with residents.
- MDC resurrected the 2013 Masterplan and re-opened consultation with Residents that has been rich and meaningful – shaping proposals.
- MDC adopted Health and Well-Being as a Key Priority in the Corporate Plan
- Mansfield Health Partnership established late 2019 on back of Healthy Mansfield Commission.
- Multi-agency approach adopted to priority neighbourhoods and community projects.
- Relationships and engagement have developed over time and have been strengthened by the Covid 19 Pandemic.
- Key partners and stakeholders include: CCG, CVS, Children's Services (SureStart) and Adult Social Care, Nottinghamshire Police. Active Notts, First Arts (Arts charity) Residents and Tenants Group, Ward Councillor, St Peter's Primary School and the Church.





# Masterplan proposals :

Mid-Nottinghamshire  
Integrated Care Partnership



- Development of a housing regeneration scheme – 22 properties
- Creation of a community heart to the estate
- Improvements to open space and green space.
- Large variety of new trees, including fruit trees and community orchard;
- Traffic calming and new road layouts.
- Provision of a shop unit and cafe; outdoor seating.
- Installation of CCTV and improved lighting.
- Proposals and plans for a new children's play area – LIS funding secured
- Proposals and plans for a 'Learn to Ride' cycling facility including a 'Bike Library' reflecting low bike ownership and physical inactivity – application to British Cycling approved at the end of March 2021.
- Enhancement and improvement of the local community centre.





# Housing Standards

- Twenty two houses. Mostly 2 bed, with some 3 bed and 4 bed properties;
- Mostly south facing houses to maximise energy efficiency;
- Homes will meet at least Future Homes Standards (new Building regulations introduced at the end of 2020);
- Built to Passivhaus standards. (Provides a high level of occupant comfort while using very little energy for heating and cooling).
- Include Lifetime Homes standard requirements, to accommodate low level or temporary disability (internal & external access)



# More to come...

- Redevelop of the Multi-Use Games Area (MUGA) under the Local Football Facilities Plan (LFFP) and in partnership with the FA and Football Foundation
- Provision of a youth shelter and outdoor gym
- Provision of a Bike-ability scheme
- Development of a community events programme.
- Support the Community to be more self reliant.
- Adopt the approach across priority areas accepting one size does not fit all.



# Impact of Covid 19

## **Strengthened relationships through improved engagement and consultation supporting delivery of multiple community projects and initiatives :**

- Implementation of the FOOD (Food On Our Doorstep) Club and development of the Bellamy Food Share to help address local food insecurity issues (100 Members)
- Healthy Holiday programme during February half term by providing 35 families with activities bags of recipes and wellbeing activities
- First Art developed and designed the 'Everybody's Home' resource kit that the School, MDC and Active Notts delivered across the estate.
- Working with the School, a Facebook Group created for families to participate in a 'Bellamy 6 Week Family Challenge' using the equipment provided at home to stay active and healthy
- Developed the 'Feel Good Pack' of physical activity equipment and resource cards, funded by Active Notts and supported by MDC.
- Development of the Bellamy Talking and Bellamy Estate Community pages.
- Supporting Tenants to apply for funding to become more self sufficient.

**....but long term impact on inequalities indicators not yet known**



# Reflections

- Importance of insight and data
- Evidence based decision making
- Working collaboratively with the right partners - common agendas
- Holistic, place-based approach
- Priority neighbourhoods
- Delivery demonstrates comr
- Trust and confidence
- Community self- reliance
- Outputs and outcomes
- Review and Evaluate

