Mid-Nottinghamshire ICP Board Update – December 2019

Below is a summary of the key items discussed. The full papers (and details of forthcoming meetings) can be found here: http://bit.ly/ICPBoard

Mid-Nottinghamshire Community Involvement Model

In July 2019 the Board approved five key engagement principles with a number of next steps. One of these was to set up a task and finish group to agree a best practice model for engagement. This group was made up of representatives from NHS organisations, CVS', Healthwatch and Ashfield District and following several meetings proposed the Community Insight Model (see summary in Appendix 1) as a framework that aligns with existing models.

The Board agreed to endorse the model and discussed possible next steps. It was suggested that some areas for its use could be identified through the Mansfield Health Partnership which has held its first strategic group, chaired by PCN Deputy Clinical Director Dr James Mills.

It was agreed the model would be used on a small number of projects and feedback into later ICP Board meetings to see how it was working.

Digital Innovation

Jaki Taylor from Nottinghamshire Health Informatics Service, Kathy Fulloway from Nottinghamshire Healthcare NHS Foundation Trust and Rosie Gilbert from Nottinghamshire County Council, all gave an interactive presentation on the importance of the digital transformation work being undertaken across the county. The issue of digital inclusion was discussed and it was agreed the Board would continue to support this work and receive updates in the future.

YMCA Health Village

The Board received a presentation from Craig Berens, Chief Operating Officer of YMCA Newark and Sherwood and Jo Bradley-Fortune, Development Lead of YMCA Newark and Sherwood introduced by locality director David Ainsworth. The Board discussed the importance of using the YMCA village for community cohesion across the generations. The ground-breaking on the building is due to take place in June 2020 with it opening in May 2021. It agreed for partners to continue working with the YMCA to advise on the use of the health space.

The Board was also updated on the work of the new team of social prescribing link workers (see Appendix 2).

Next month's meeting will take place on January 30 at 1pm. Papers will be available a week in advance on the ICP website.

Appendix 1

OUR LINK WORKERS

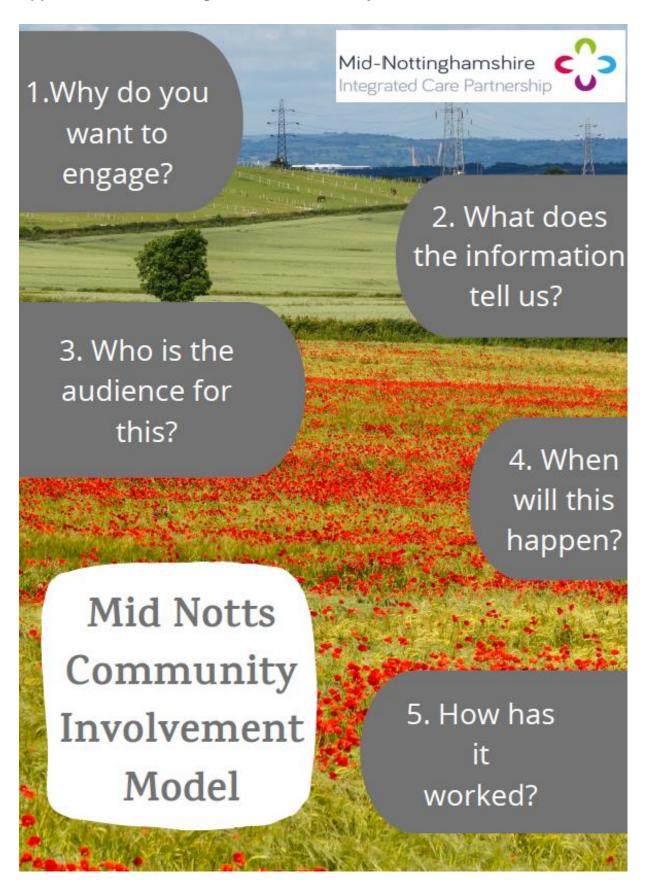## Saw over 100 referrals in their first month.

The top five reasons were for:
- mental health/wellbeing
- social isolation/loneliness
- lifestyle change
- self care / management of a long term condition
- financial advice

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Appendix 2 – Mid-Nottinghamshire Community Involvement Model

Community Insight Model: Why, What, Who, When, How

1. Why: Why do you want to engage?
There are many different reasons you may want to, from keeping people informed about general updates to having citizens co-produce a potential options.

2. What: What does the information tell us?
a. Use data to understand a theme and the people it affects e.g. census, active life, JNSA, mosaic, Long Term Plan information etc. Make sure you come to data neutrally and do not use it to reaffirm your own biases.
b. Understand what organisations and agencies are around that have an interest e.g. council, voluntary sector, county council, public health etc to build a team and that you can work in partnership with.
c. Find local organisations and individuals e.g. churches, men in sheds and asset mapping of people, places, cycle paths. Who are the community ambassadors you can identify?

3. Who: Who is the target audience for this?
Gain the trust of the organisations that work with them to see how is best to involve them. Check with community if the asset map makes sense to them, what do they use (and how do they use it).
Understand and plan that some groups may need more resource and time to engage with e.g. those with English as a second language. Engage either directly or through the above groups in the best way for them e.g. focus groups, surveys, 121s.

4. When: When will this happen?
Empower groups and individuals to come up with actions based on the results of the above and to make the changes they need.
Evidence that people have the capability to make it better for themselves.

5. How: How has it worked?
Check the impact by evaluating how it has worked and what changes have been seen. This may be done throughout the process rather than just at the end.
Plan to share learning (positive and negative) with partners.

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