

Mid-Nottinghamshire
Integrated Care Partnership



Primary Care Networks (PCNs) in Mid-Nottinghamshire



Creating happier, healthier communities together

Welcome to this introduction

to Primary Care Networks (PCNs) in Mid-Nottinghamshire

The feedback we get from local people tells us that General Practice is valued because you get continuity of care – for example if you're someone who lives with a long term condition, you can have continuity from a team who know your condition and help you live as normal a life as possible.

Many families tell us they have known their GP from childhood to adulthood and now the same GP provides care for their children too. Generations of people rely on their GP and practice nurses. From cradle to grave, the uniqueness of general practice means GPs and their staff come into our lives even before our birth and they remain in our lives up to the point of death, where they aim to help us die in a place of our choice and give support to our loved ones.

They help citizens live in their communities as well as they can for as long as they can. They also support people living in care homes, sheltered housing and supported living by working with other teams to provide the very best primary care wherever you live.

We also hear things that the public want to improve. Some of the community want a more responsive service from their GP. Getting through on the telephones is the single biggest negative issue people talk to us about. Once through, generally speaking, people trust their GP or nurse and they like the offer of appointments available to them.

We know that technology is going to play a much bigger part in the future for primary care. The public want to be able to book appointments online; order medication and have it emailed to a chemist of their choice and expect their records shared across the system with organisations that need it.

Here in Mid-Nottinghamshire we are taking the next step in improving primary care in rapidly establishing Primary Care Networks (PCNs). Integration of primary care isn't new but our new networks, led by Clinical Directors and bringing together a wide range of front-line services, will be better able to provide the things that people most value in their health services.



Dr Thilan Bartholomeuz

Clinical Chair of Newark and Sherwood CCG

Dr Gavin Lunn

Clinical Chair of Mansfield and Ashfield CCG



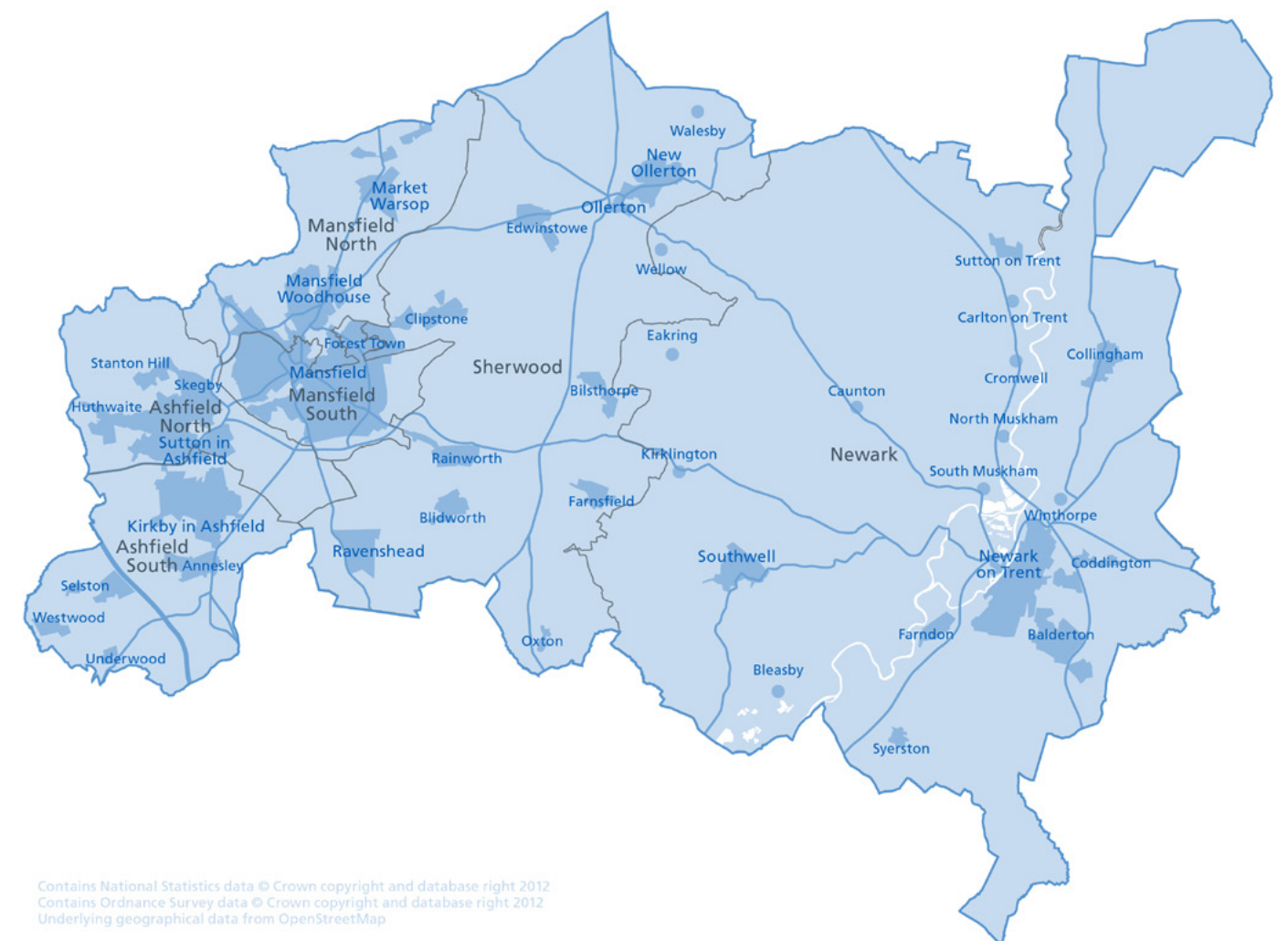
Background

Our challenge

In Nottinghamshire we have made great progress in improving people's health and wellbeing. As a result, people now live far longer than ever before.

These improvements also bring challenges. While we now live longer, for many people these additional years are not lived in good health. More people today live with multiple and long-term health conditions than ever before, requiring complex treatment and care. To address these challenges we need to coordinate care across the system, and do more to intervene early to stop people becoming ill.

In Mid-Nottinghamshire we have formed a new Integrated Care Partnership (known as an ICP) that brings together health and social care services across Mansfield, Ashfield, Newark and Sherwood. Our vision is to create happier, healthier communities and reduce differences in healthy life expectancy (the number of years that people live in good general health) by three years.



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Underlying geographical data from OpenStreetMap

NHS providers, commissioners and local authorities are working together across Mid-Nottinghamshire to improve the lives of the residents in our communities. The area has been divided into six 'Primary Care Networks' (known as PCNs) which are each led by a GP.

These are:

- Ashfield North
- Ashfield South
- Mansfield North
- Mansfield South
- Newark
- Sherwood

Our hope is that we can support these neighbourhoods with what they specifically need while recognising where there are wider needs that sit across the whole of Mid-Nottinghamshire.

The ICP covers everyone who lives or works within Mansfield, Ashfield, Newark and Sherwood. Organisations involved include:

- Ashfield District Council
- East Midlands Ambulance Service NHS Trust
- GP practices with Mid-Nottinghamshire
- Healthwatch Nottingham and Nottinghamshire
- Mansfield and Ashfield Clinical Commissioning Group
- Mansfield District Council
- Newark and Sherwood Clinical Commissioning Group

- Newark and Sherwood District Council
- Nottinghamshire County Council
- Nottinghamshire Healthcare NHS Foundation Trust
- Nottingham University Hospitals NHS Trust
- Sherwood Forest Hospitals NHS Foundation Trust

Primary Care Networks (PCNs) will bring together a range of local providers, including community services, social care and the voluntary sector to offer coordinated health and social care to their local populations.

As a result, patients will experience much less fragmented care. The majority of healthcare will be provided within their community, rather than at a hospital. Because PCNs will help to overcome organisational barriers, residents are less likely to have to make lots of different appointments and see lots of different health professionals.

A key focus of the PCNs will also be around helping residents to look after their own health. By intervening at an earlier stage and equipping them with the skills to manage their health, there will be less likelihood of them needing treatment.

You can find out more about the PCNs and Mid-Nottinghamshire ICP on our website at www.healthandcarenotts.co.uk/care-in-my-area/mid-nottinghamshire-icp

About Primary Care Networks (PCNs)

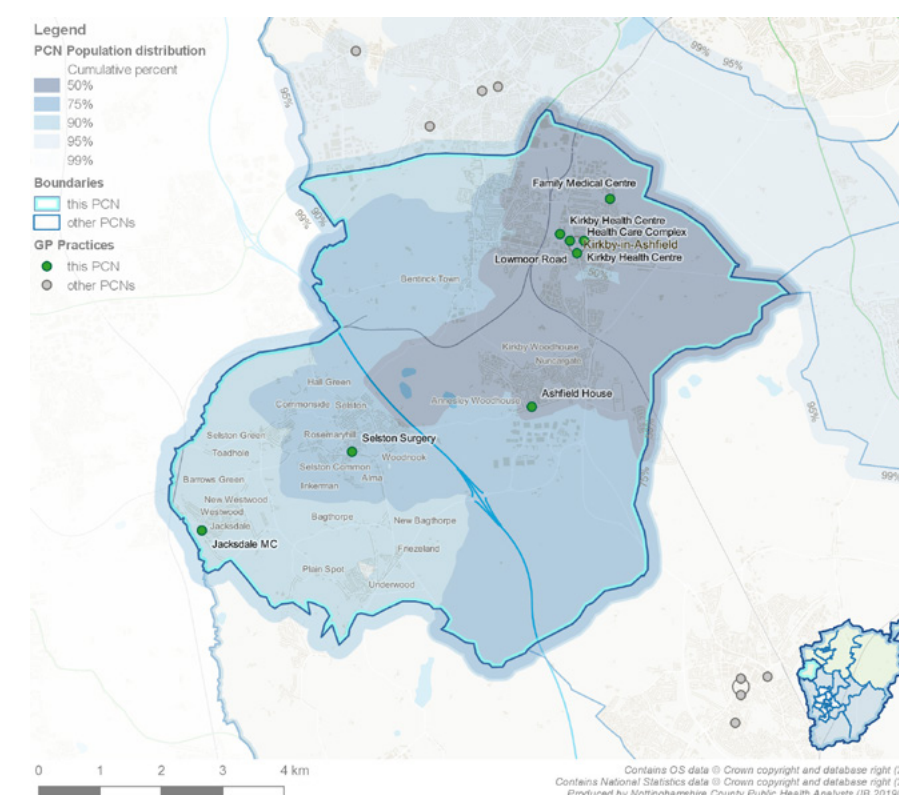
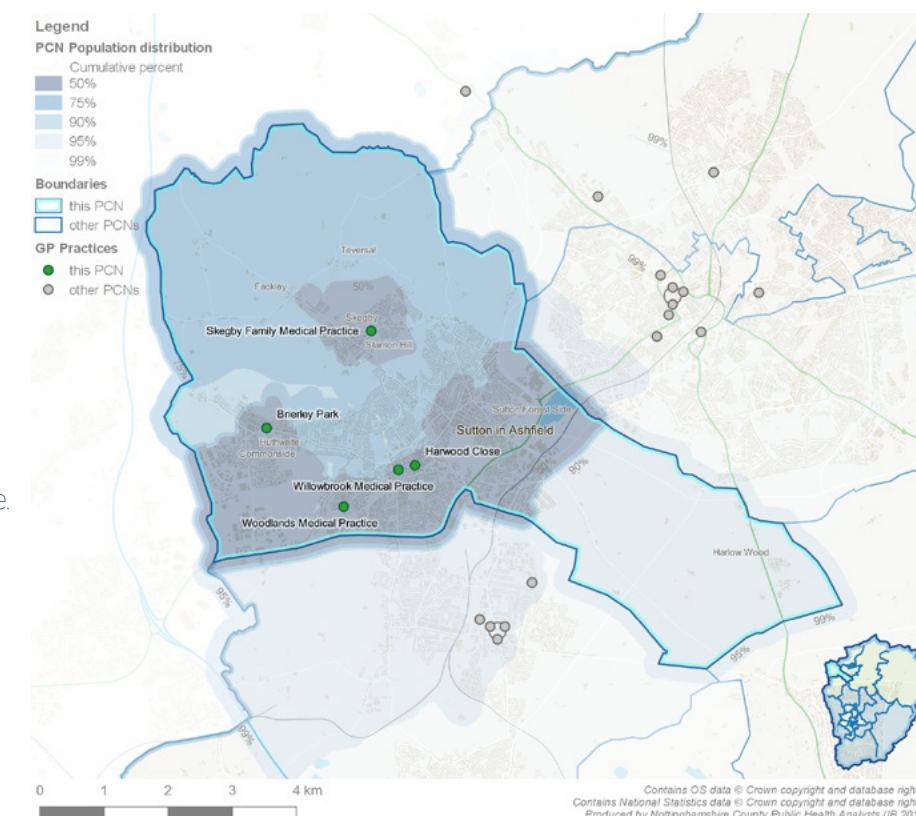
There are six Primary Care Networks across Mid-Nottinghamshire, and each one is led by a Clinical Director who is also a local GP.

Ashfield North



Dr Andrew Pountney
Clinical Director

GP at Woodlands Medical Practice.
Special interest in minor surgery and joint injections



Ashfield South



Dr Junaid Dar
Clinical Director

GP at Family Medical Centre

Case study

Wound care and suture removal service

Patients recovering from an operation or with wounds that need regular dressing can access the care they need at a number of local GP practices and not necessarily the one they are registered with.

The new wound care and suture removal service was introduced in December 2017 and is now available to all patients in Mansfield and Ashfield.

When patients are discharged from hospital following an operation they can sometimes require a few appointments a week to get dressings changed. This could cause a lot of discomfort and inconvenience for patients to travel to hospital. But now patients across Mid-Nottinghamshire can access a range of wound care services in the local community.

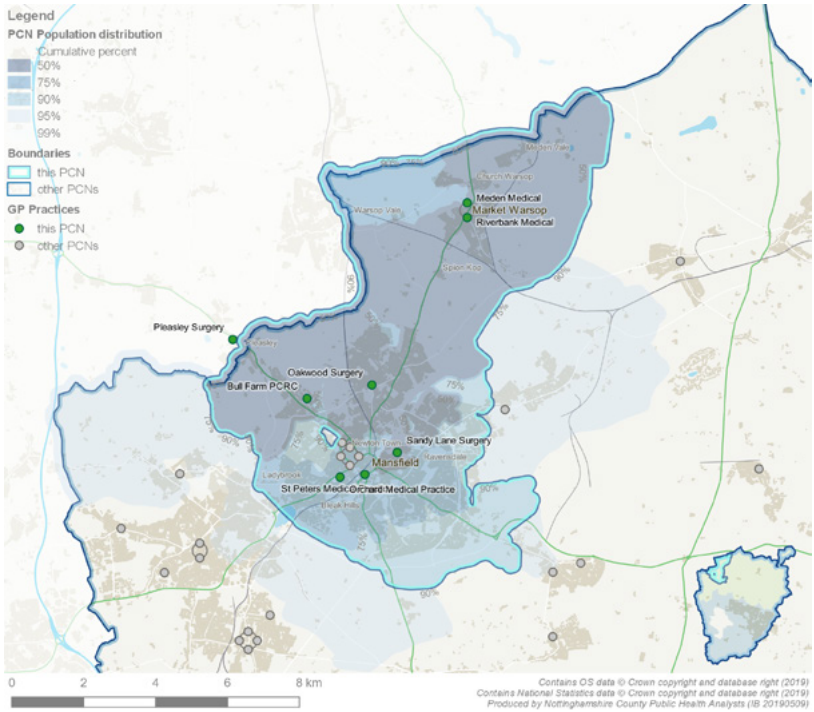
Local patients have attended almost 14,000 appointments in wound and suture removal clinics since the service launched. About 4,900 of these would have previously taken place in hospital.

This saves hospital resources for the most unwell patients whilst offering care closer to home for most people.



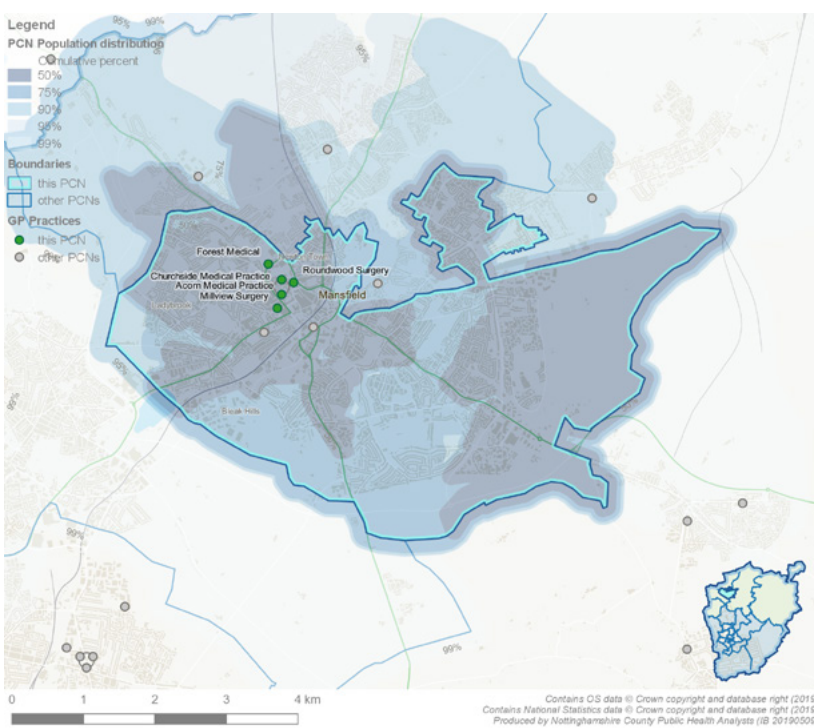
Mansfield North

Dr Khalid Butt, Clinical Director
GP at Oakwood Surgery. Special interests include: Breathing Conditions, Child Health, Minor Surgery & Joint & Soft Tissue Injections



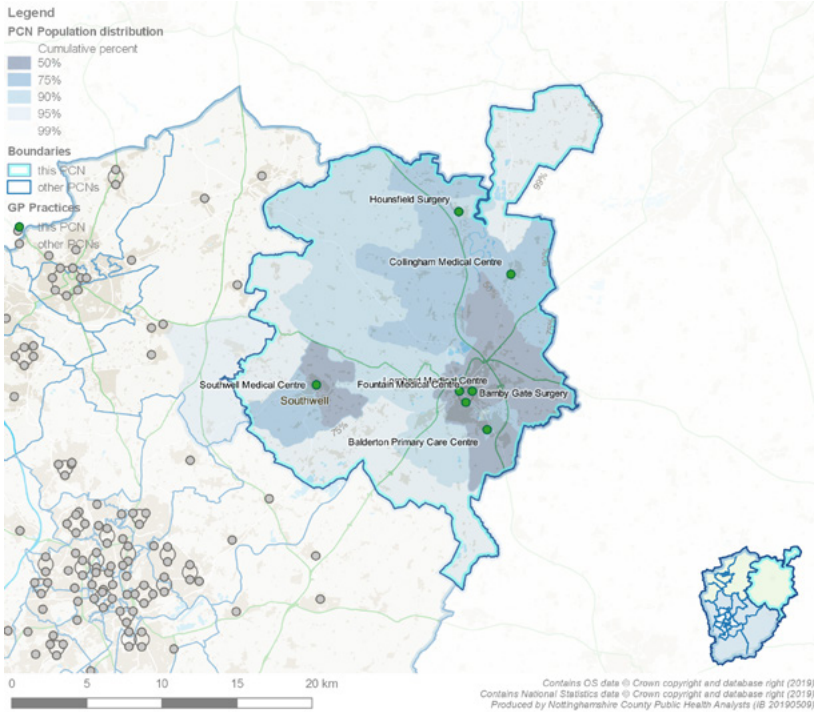
Mansfield South

Dr Milind Tadpatrikar, Clinical Director
GP at Roundwood Surgery



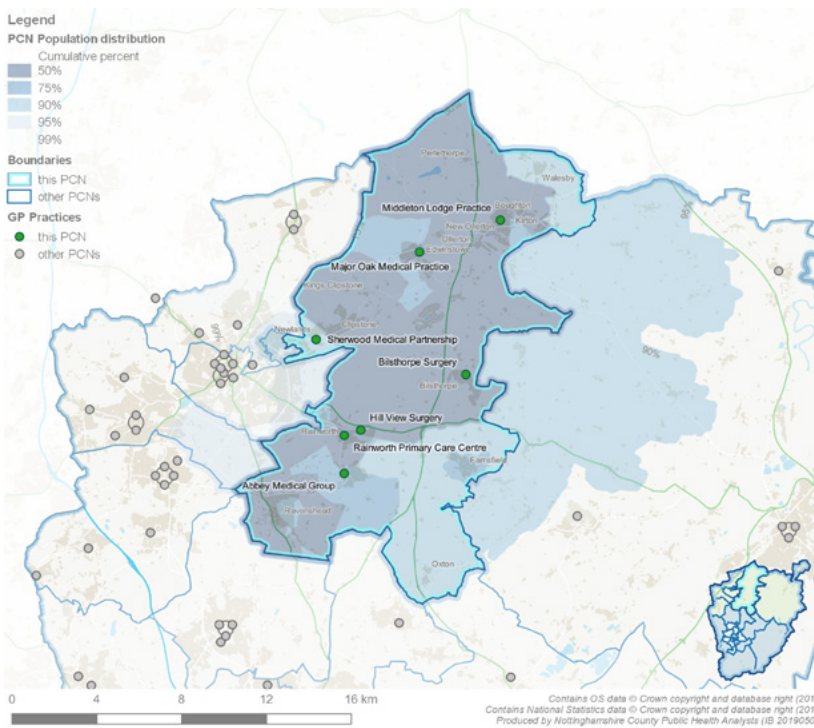
Newark

Dr James Cusack, Clinical Director
GP at Lombard Medical Centre



Sherwood

Dr Kevin Corfe, Clinical Director
GP at Abbey Medical Group



Case study

Clinical Pharmacist

Ten practices in Mid-Nottinghamshire now have a clinical pharmacist as part of their team.

The unique role improves patient safety by ensuring that people understand how to take their medication as prescribed as well as review medication after discharge from hospital.

By providing drug information and advice in plain language, clinical pharmacists can help prevent Adverse Drug Events or 'ADEs' that can cause significant harm and require treatment in hospital.

They can also identify patients who are most at risk of taking medicines incorrectly. This means they can target those most likely to benefit from a review.

Within consultations they devote time to help patients learn how to self-care and give them confidence and information to take responsibility for their medication.

**If you would like this in another language
or format please email** Kerry.beadling-barron@nhs.net

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/care-in-my-area/mid-nottinghamshire-icp](http://www.healthandcarenotts.co.uk/care-in-my-area/mid-nottinghamshire-icp)

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