# The East Midlands Academic Health Science Network & East Midlands Leadership Academy in partnership with Nottingham and Nottinghamshire Integrated Care System (ICS) are pleased to offer

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# Nottingham and Nottinghamshire Integrated Care System

# Patient Citizen Leadership Programme

# Programme Aim and Learning Outcomes:

Patient and Citizen Engagement and Involvement is critical for the delivery of transformational and integrated health and social care services. This programme aims to improve the confidence and skills of Patients and Citizen Leaders (PCLs) in the successful delivery of their roles across the Nottingham and Nottinghamshire Integrated Care System (ICS) through:

Running over four separate one-day workshops the programme will offer a unique blend of:

* Developing the key skills of leadership
* Building an understanding of the health and social care system, the local ICS context and the evolving role of the PCLs
* Creating new relationship and deeper understanding between PCLs, staff and the organisations you are connected with
* Sharing challenges and developing solutions and joint learning with your equally committed peer PCLs.

The programme will be highly experiential and practical. By participating you will gain:

* An understanding of the broader health and social care context, including the local ICS and the essential role of the PCLs
* Greater self-awareness and understanding of own presence and impact
* Skills in powerful communication, being heard and landing the message
* Skills in influencing and negotiation
* Skills in achieving change through elegant challenge (rather than conflict)
* Skills in catalysing change
* Understanding of how to build high quality relationships
* Approaches to building resilience.

You will have the opportunity to dialogue with staff about each other’s roles to develop a deeper appreciation of the challenges and new, shared ways of working.

And there’ll be an opportunity to network with peers and work together on shared challenges and opportunities to define and test new approaches and forms of action to support you in your role.

**Who is this programme aimed at?**

* Patient Citizen Leaders and relevant staff from across the ICS
* People who have been involved in a health and social care organisation for some time and now ready to make greater impact through developing the skills, resilience and personal impact to overcome some of the barriers and blockages encountered when working with the complexities of the health and care system
* In order to ensure maximum benefit PCL’s will need to be nominated by a health or social care organisation.

**Reasonable travel expenses will be reimbursed. Lunch and refreshments provided.**

**Dates and Expressions of Interest:**

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| **Nottingham Nottinghamshire ICS Patient Leadership Programme****All days 10am – 4pm**  |
| **Day 1 Training**  | **27 February 2020**Trent Vineyard Conference Centre Unit 1 Easter Park, Lenton Lane, Nottingham, NG7 2PX |
| **Day 2 Training** | **30 March 2020**Rushcliffe Arena Rugby Road, West Bridgford, Nottingham NG2 7HY |
| **Open Space Day 3**  | **5 May 2020**The Towers Botany Avenue, Mansfield, Nottingham, NG18 5NG |
| **Open Space Day 4**  | **7 July 2020**The Towers Botany Avenue, Mansfield, Nottingham, NG18 5NG |

For queries please contact Katie Swinburn by calling 01623 673051 or email katie.swinburn@nhs.net

**Closing date for Expressions of Interest is Sunday 9 February 2020.**

Confirmation of an allocated place will be by email or telephone the week commencing 10 February 2020.

**Please complete the form below**.

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| **Expression of Interest Form – Patient Citizen Leadership Programme**

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| --- |
| **Personal details:**  |
| Surname |  |
| First name |  |
| Address |  Post code: |
| Contact number |  |
| Email  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Do you give your consent to sharing your contact information with the organisations involved in delivering this programme (EMAHSN).  | Yes | No |  |
| Further information will be sent via the EMAHSN. Please indicate your preferred communication method | Email  | Post  | Telephone  |

**Supporting Information:** In this section please give your reasons for applying for this programme - highlighting what you hope to get out of it and how you hope to use it in your role.

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| Supporting information (maximum 250 words) |

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**Nominating Organisation**

It is important that patients and citizens are connected to their local health and care system. Please ask your nominating health and social care organisation to complete the section below. We will be evaluating the impact the programme and in addition to getting your feedback, we will ask nominating organisations to share their views on what difference they feel the programme has made.

|  |  |
| --- | --- |
| Organisation  |  |
| Name and role |  |
| Email |  |
| Supporting statement summarising why you are putting this person forward for this programme, including what you hope they will gain and what your organisation hopes to gain:  |
|  |

Please complete and return your form to Katie Swinburn, katie.swinburn@nhs.net or via post marked private and confidential FAO Katie Swinburn to:

Freepost RTGE-CRAT-BABH

(PPEC)

Birch House

Mansfield

Nottinghamshire

NG21 0HJ

**The closing date for completed forms is Sunday 9 February 2020. Your place will be confirmed by email or telephone week commencing 10 February 2020.**

Should you have any queries or questions regarding the form or the programme please contact Katie Swinburn, Engagement Manager on 01623 673051 or email above.